Changes of sedimentation in the Drużno Lake based on geoarchaeological data from the Teutonic fortress in Elbląg, North Poland

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ABSTRACT:

The wooden structures unearthed in 2012 during archaeological excavation in the courtyard of the Museum of Archaeology and History in Elbląg have been dated using the dendrochronological method to the period between 1245 and 1302, which allows them to be considered to be parts of a Teutonic fortress. The remains of the wooden building located directly on the prehistoric lacustrine sediments created a unique opportunity to reconstruct the near-shore sedimentation of the Drużno Lake. Geological, malacological and palynological methods were applied during the investigation. The results, compared with the ranges of both the Drużno Lake and the Vistula Lagoon, known from previous studies of the region, allowed the correlation of a phase of a deep lake with the “Roman Period”. Rapid shallowing of the lake occurred in the “Migration Period”. The final disappearance of the lake in the area of modern Elbląg occurred in the early Middle Ages.

Key words: Lacustrine sediments; Teutonic fortress; Malacology; Palynology.

INTRODUCTION

The described Teutonic fortress at Elbląg is located at the Żuławy marshland, which is a part of the Vistula delta, north-central Poland. Delta habitats, counted among the most dynamic ones, involve an intense deposition of alluvia. River deltas are also the most commonly populated areas due to the fertility of the soil and the transport facilitated. The development of the delta and human activity are closely associated with each other, which allows for reconstruction of the settlement in the delta as well as dating the stages of alluvial sedimentation. The development of the Vistula delta is very interesting in the context of man colonising the area.

A number of scientific papers on the development of the Vistula delta have been written so far, based on the study of lacustrine sediment cores collected from the Drużno Lake and from the Vistula Lagoon. These papers allowed the reconstruction of the stages of increased
salinity associated with the Littorina transgression and
the subsequent influence of saline water from the Baltic
Sea. Strengthening of the Vistula Spit at the beginning
of the Subatlantic period resulted in an isolation of the
Vistula Lagoon water (Przybyłowska 1973a, b; Przy-
byłowska-Lange 1974; Bogaczewicz-Adamczak 1980;
Zachowicz et al. 1982; Bogaczewicz-Adamczak and
Miotk 1985; Zachowicz 1985; Zachowicz and Kępińska
1987; Miotk-Szpiganowicz et al. 2007; Uścinowicz et
al. 2013). The aforementioned studies did not present
specific changes in the ranges of the Vistula Lagoon and
of the Drużno Lake during the Holocene. The latter were
determined amongst other by Bertram (1924) and Dłu-
gokęcki (1992), but mostly with respect to the last mil-
lenium and archaeological and historical sources. In
the 1990s, the first reconstructions of the range of the
Drużno Lake and the Vistula Lagoon were conducted
based mainly on geological research with the support of
archaeological data (Kasprzycka et al. 1996, 1997;
Kasprzycka 1999).

In 2012 in the courtyard of the Museum of Archae-ology and History in Elblag (Text-fig. 1) an archaeo-
logical excavation revealed huge wooden structures for
which dendrochronological dating was performed (Waźny 2012). The oldest piece of the oak foundations
was dated to the year 1245, and the newest to 1302,
which identify the study site as the fragments of a Teu-
tonic fortress dating back to the mid-thirteenth century,
situated near the location where a stone castle was later
erected. The Teutonic Knights moved here from an is-
land on the Elblg River following the destruction by the
Pogesanians of a wooden and earthen fortified settle-
ment existing since 1237 (Kozłowska 2005). Archaeo-
logical investigations carried out in 2013 found evidence
that the wooden fortress existed before and while the
stone castle was being built. Afterwards this became a
castle borough with temporary wooden or both wooden
and stone buildings.

The remains of the wooden structure in the courtyard
of the Museum of Archaeology and History in Elblag
are located directly on the prehistoric lacustrine sediments, creating a unique opportunity to reconstruct the near-shore sedimentation and possible changes in the shoreline. In this paper a geological, geomorphological, malacological and palynological analyses has been conducted with respect to the sediments constituting the direct substrate of the timber structures. They allowed for the reconstruction of the changes in the lake depth and for an analysis of the changes in vegetation caused by human activity.

MATERIALS AND METHODS

The image of the geological structure visible in the archaeological excavation (Text-fig. 2) was supplemented by 8 fully cored boreholes performed with the use of an Eijkelkamp percussion drilling equipment in both the bottom of the excavation and its surroundings, and used for the preparation of the A–B geological cross-section (Text-fig. 3). Fourteen samples obtained from the boreholes were subjected to palynological and malacological analyses which allowed for a detailed reconstruction of the environment during the deposition of sediments.

DENDROCHRONOLOGICAL DATING

Altogether 19 wood samples taken at the courtyard of the Museum of Archaeology and History in Elblag were subjected to dendrochronological analysis (Ważyński 2012). Annual tree-ring widths were measured with a LINTAB measuring equipment with the accuracy of 0.01 mm. Cross-dating was done with the use of CATRAS v. 4.20 (Aniol 1983), TSAPWin (Rinn 1989-1999) and DENDRO for WINDOWS applications. The results are illustrated in the bar chart (Text-fig. 4).

MOLLUSC ANALYSIS

A total of 6 samples collected from 5 boreholes (E-1, E-2, E-4, E-5, E-6) were subjected to malacological investigation at Elblag. Deposit samples covered 10, 15 and 20 cm intervals and had a volume of 50–130 cm³. Despite the relatively small volume of samples, mollusc shells were abundant and well preserved.

Standard malacological procedures described by Loźek (1964), Alexandrowicz (1987) and Alexandrowicz and Alexandrowicz (2011) were applied in the analysis. Deposits were sieved (mesh size 0.5 mm) to collect...
all mollusc shells and identifiable shell fragments. After identification and counting, all the species were grouped according to their ecological demands (after Ložek 1964; Alexandrowicz 1987; Alexandrowicz and Alexandrowicz 2011) (Table 1). Changes in the mollusc assemblage were illustrated on malacological spectra (Text-fig. 5) and a synthetic malacological diagram (Text-fig. 6). The latter consists of the lowermost sample (E-4, from the altitude of -2.8 – -3.0 m a.s.l.), the unit of three samples from the E-4, E-5, E-6 profiles, sample E-1 and sample E-2 on the top.

POLLEN ANALYSIS

Pollen analysis was conducted for eight samples, including one sample from the E-1 borehole from the altitude of -1.6 – -1.7 m a.s.l., one sample from the E-2 borehole (-1.4 – -1.5 m a.s.l.), three samples from the E-6 borehole from altitudes of -0.7 – -0.8, -1.5 – -1.7 and -1.7 – -2.0 m a.s.l. and three samples from the E-8 borehole from altitudes of -0.5 – -0.7, -0.8 – -0.9 and -1.7 – -1.8 m a.s.l. (Text-fig. 3). The floristic succession of both the E-6 and E-8 profiles was illustrated by pollen diagrams (Text-figs 7, 8).

Because the aim of the pollen research was to characterise the environmental conditions in certain parts of the profiles rather than to reconstruct the full floristic succession in the region, only individual samples were investigated.

Samples for pollen analysis were treated with a cold HF and washed with 10% HCl, boiled in 10% KOH and finally treated by the traditional Erdtman’s acetolysis. About 800 grains at x 400 magnification were counted in each sample.

RESULTS

The geological structure of the courtyard of the Museum of Archaeology and history in Elbląg

During the geological investigation of the Elbląg site altogether 15 layers of deposits have been distinguished. They represent lacustrine and alluvial sedimentation and are characterised by a significant human impact in the uppermost part of the section (Text-fig. 3).
The layers marked on the A–B geological cross-section (Text-fig. 3) as 1 to 4, which formed as gyttjas, silts with organic matter and fine sands with malacofauna, represent typical lacustrine sediments. Their variability is characteristic of the shoreline of a lake of varying depth.

Alluvial silts in layer 5 indicate a steady sedimentation with traces of flows. Layers marked as 6 to 8 on the geological cross-section, composed of sands with sparse gravel, sands with inserts of silts with organic matter as well as by silts, were formed as a result of flow with periods of steady sedimentation (layer 8). Within layer 7 there is a fascine, which is a product of human activity, used to stabilise the land as a foundation for the wooden structure visible in the archaeological excavation.

Deposits of steady biogenic sedimentation (alluvial silts with organic matter, peats) have been recorded in layer 9. The occurrence of fragments of bricks and mortar (E-5 borehole) are evidence of human activity during their deposition. The nature of this series originating from a small water body with no outflow probably indicates the sedimentation in a moat.

Alluvial silts with organic matter connected probably with water level changes are present in layer 10. The occurrence of crushed bricks in its upper part as well as in layers 11 and 13 is evidence of human activity.

Layer 12 (alluvial silts with organic matter) is devoid of brick fragments, but its position between horizons with crushed bricks suggests the accumulation during periods of high water level or that they had flowed down the slope.

Layer 14 consists of sand with bedding characteristic of the conditions of natural sedimentation.

The most modern series of sediments (number 15 on the geological section) is an embankment consisting of crushed bricks, mortar, stones and charcoal and may be dated to the 20th century.

**Dendrochronology**

Among the 19 tested samples, 18 represented oak and 1 alder. Altogether 17 oak elements were dated successfully. All samples were assigned to the 13th century and the beginning of the 14th century (Text-fig. 4). Samples 9 and 11 were taken from the same tree trunk. The oak wood under investigation is characterised by a high quality and very regular structure of annual tree-rings. It appears that 150–250 year old oaks were cut down to build the Teutonic fortress at Elbląg.

**Mollusc assemblage at Elbląg**

The mollusc assemblage at Elbląg is composed of 33 taxa with a total of 3362 specimens. They represent 17 taxa of snails and 16 of bivalves. The number of taxa and specimens varies from 13 to 24 and from 330 to 837 per sample respectively. The most abundant are molluscs from the E-5 and E-1 boreholes, with the number of specimens exceeding 800. The malaco-coenosis from the E-1 profile is also the most diverse.

<table>
<thead>
<tr>
<th></th>
<th>I</th>
<th>II</th>
<th>Taxa</th>
<th>Samples (counts)</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>Wp</td>
<td>10</td>
<td><em>Bithynia leachi</em> (Sheppard, 1823) (+operculum)</td>
<td>E1 24 (77) E2 5 (24)</td>
</tr>
<tr>
<td>10</td>
<td>Wp</td>
<td>11</td>
<td><em>Valvata cristata</em> Müller, 1774</td>
<td>E1 209 E2 21 E4 1</td>
</tr>
<tr>
<td>10</td>
<td>WP</td>
<td>11</td>
<td><em>Segmentina nitida</em> (Müller, 1774) (+operculum)</td>
<td>E1 4</td>
</tr>
<tr>
<td>11</td>
<td>We</td>
<td>10</td>
<td><em>Marstoniopsis scholtzi</em> (Schmidt, 1856)</td>
<td>E1 1</td>
</tr>
<tr>
<td>11</td>
<td>We</td>
<td>11</td>
<td><em>Valvata piscinalis</em> (Müller, 1774)</td>
<td>E1 45 E2 50 E4 228 E5 337 E6 676</td>
</tr>
<tr>
<td>11</td>
<td>WL</td>
<td>11</td>
<td><em>Valvata piscinalis</em> f. antiqua Sowerby, 1838</td>
<td>E1 14 E2 2</td>
</tr>
<tr>
<td>11</td>
<td>WL</td>
<td>11</td>
<td><em>Acroloxus lacustris</em> (Linnaeus, 1758)</td>
<td>E1 23 E2 3</td>
</tr>
<tr>
<td>11</td>
<td>We</td>
<td>11</td>
<td><em>Gyraulus albus</em> (Müller, 1774)</td>
<td>E1 12</td>
</tr>
<tr>
<td>11</td>
<td>WI</td>
<td>11</td>
<td><em>Hippus complanatus</em> (Linnaeus, 1758)</td>
<td>E1 19 E2 4</td>
</tr>
<tr>
<td>11</td>
<td>We</td>
<td>11</td>
<td><em>Sphaerium corneum</em> (Linnaeus, 1758)</td>
<td>E1 2 E2 1</td>
</tr>
<tr>
<td>11</td>
<td>We</td>
<td>11</td>
<td><em>Pisidium casertanum</em> (Poli, 1791)</td>
<td>E1 2 E2 1</td>
</tr>
<tr>
<td>11</td>
<td>We</td>
<td>11</td>
<td><em>Pisidium casertanum</em> f. ponderosa Stelfox, 1918</td>
<td>E1 4 E2 4 E4 2 E5 3 E6 4</td>
</tr>
<tr>
<td>11</td>
<td>We</td>
<td>11</td>
<td><em>Pisidium henslowanum</em> (Sheppard, 1823)</td>
<td>E1 12 E2 22 E4 15 E5 4 E6 21 E7 50</td>
</tr>
<tr>
<td>11</td>
<td>WL</td>
<td>11</td>
<td><em>Pisidium liljeborgii</em> Esmark &amp; Hoyer, 1886</td>
<td>E1 1 E2 2 E4 4 E5 2 E6 2</td>
</tr>
<tr>
<td>11</td>
<td>We</td>
<td>11</td>
<td><em>Pisidium moiessierianum</em> Paladilhe, 1866</td>
<td>E1 2 E2 7 E4 3 E5 8 E6 9 E7 9</td>
</tr>
<tr>
<td>11</td>
<td>We</td>
<td>11</td>
<td><em>Pisidium crassum</em> Stelfox, 1918</td>
<td>E1 2</td>
</tr>
<tr>
<td>12</td>
<td>Wc</td>
<td>12</td>
<td><em>Theodoxus fluviatilis</em> (Linnaeus, 1758)</td>
<td>E1 1</td>
</tr>
<tr>
<td>12</td>
<td>We</td>
<td>12</td>
<td><em>Borythzenia naticina</em> (Menke, 1845)</td>
<td>E1 6 E2 12 E4 8 E5 1 E6 20 E7 26</td>
</tr>
<tr>
<td>12</td>
<td>We</td>
<td>12</td>
<td><em>Unio tumidus</em> Philipsson, 1788</td>
<td>E1 2</td>
</tr>
<tr>
<td>12</td>
<td>We</td>
<td>12</td>
<td><em>Sphaerium rivicola</em> (Lamarck, 1818)</td>
<td>E1 1</td>
</tr>
<tr>
<td>12</td>
<td>Wc</td>
<td>12</td>
<td><em>Sphaerium solidum</em> (Normand, 1844)</td>
<td>E1 2 E2 5 E4 2</td>
</tr>
<tr>
<td>12</td>
<td>Wc</td>
<td>12</td>
<td><em>Pisidium supinum</em> Schmidt, 1851</td>
<td>E1 2 E2 2 E4 1 E5 6 E6 11</td>
</tr>
<tr>
<td>12</td>
<td>We</td>
<td>12</td>
<td><em>Pisidium nitidum</em> Jeryns, 1832</td>
<td>E1 30 E2 16 E4 4 E5 11 E6 13 E7 6</td>
</tr>
<tr>
<td>12</td>
<td>Wc</td>
<td>12</td>
<td><em>Pisidium subtruncatum</em> Malm, 1855</td>
<td>E1 6 E2 5 E4 2 E5 3 E6 3</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><em>Bithynia</em> sp.</td>
<td>E1 52 E2 17</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><em>Valvata</em> sp.</td>
<td>E1 41 E2 51 E4 113 E5 89 E6 49 E7 75</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><em>Sphaerium</em> sp.</td>
<td>E1 k E2 k E4 4</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><em>Radix</em> sp.</td>
<td>E1 1 E2 1 E4 1</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><em>Pisidium</em> sp.</td>
<td>E1 25 E2 12 E4 6 E5 6 E6 11 E7 12</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><em>Clausiliidae</em></td>
<td>E1 1</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><em>Planorbidae</em></td>
<td>E1 1</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><em>Unionidae</em></td>
<td>E1 1</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><strong>Total</strong></td>
<td>E1 829 E2 330 E4 396 E5 484 E6 837 E7 486</td>
</tr>
</tbody>
</table>
and comprises 24 taxa. Only 13 taxa and 396 specimens were found at the E-4 profile (-2.5 – -2.6 m a.s.l.), whereas the lowest number of species is noted at the E-2 profile (Table 1).

Except for a single shell fragment of land clausiliid snail, all the determined mollusc species inhabit freshwater environments. They represent three ecological groups: species of temporary water bodies (10), species of permanent water bodies of stagnant waters (11) and species of flowing waters (12), supplemented by 6 classes (Table 1). Rheophile species (group 12) make up to 46% of the studied malacoconoses, but they are clearly outnumbered by specimens characteristic of permanent water bodies of various sizes (group 11), which play a dominant role in the assemblage with proportions of 49–96% (Text-fig. 5).

Molluscs of temporary water bodies (group 10) occur in the lowermost and uppermost parts of the succession. At the bottom of the section only one specimen is noted. Considerable amounts of this group appear at
Text-fig. 7. Pollen histogram for the sediment samples from the E-6 borehole

8. Pollen histogram for the sediment samples from the E-8 borehole
Changes of Sedimentation Based on Geoarchaeological Data

the altitude of -1.55 – -1.8 m a.s.l. (profiles E-1 and E-2). They constitute 15 – 17% of all species and even 44% of all specimens (Text-fig. 5). As evidenced by the malacological spectra, the basis of the assemblage is formed by lacustrine species, with Valvata piscinalis f. antiqua, Acroroloxus lacustris and Pisidium lilljeborgii. Shallow, overgrown water bodies or the near-shore zones of lakes are often inhabited by Bithynia leachi and Valvata cristata (Piechocki 1979; Göler 2002; Welter-Schultes 2012). Higher energy conditions are suitable for, among others, Theodoxus fluviatilis, Borythynia naticina, Sphaerium solidum and Pisidium supinum. They are most common in rivers, but may sometimes occur in lakes in habitats with distinct water movements – e.g. currents, wave action or overflow (Piechocki 1979; Piechocki and Dyduch-Falniowska 1993; Göler 2002; Welter-Schultes 2012).

Mollusc communities from the lower part of the succession (profiles E-4, E-5, E-6, altitudes of -2.6 – -3 m a.s.l.) reflect fewer species in comparison with the uppermost samples (E-1, E-2) (Table 1). The characteristic feature is a mass occurrence of the snail Valvata piscinalis with its lake form V. piscinalis f. antiqua. Among the accompanying species, B. naticina, Pisidium henslowanum and P. supinum are frequently found. Noteworthy is an insignificant participation of Bithynia tentaculata, with shells outnumbering the opercula (the Bithynia-index (BIN) from -0.75 to -0.11; Text-fig. 6).

Expansion of this species is noted in the E1 and E2 profiles (-1.7 – -1.8 m a.s.l. and -1.55 – -1.7 m a.s.l.). It replaces V. piscinalis and becomes the main element of the assemblage with a significant predominance of opercula over shells (BIN in the range of 0.61 – 0.89). The structure of the malacocones distinctly changes. The fauna is more diverse, with abundant snails typical of shallow, dense overgrown bodies of water: V. cristata, B. leachi, A. lacustris, Gyraulus albus, and Hippeutis complanatus, which are absent in the lower part of the succession. Nevertheless, considerable amounts of P. henslowanum, P. nitidum and other rheophile species are still noted in the assemblage (Table 1, Text-figs 5, 6).

Mollusc shells in the E1 profile (-1.7 – -1.8 m a.s.l.) are accompanied by single ostracods. One specimen of Limnocytherina sanctipatricii (Brady et Robertson), Herpetocypris reptans (Baird) as well as two valves of Candona sp. are present. L. sanctipatricii is a lake species, whereas H. reptans inhabits small, permanent water bodies or near-shore zones of lakes with dense vegetation and muddy bottom (Szywula 1974), which is in accordance with malacological data.

Pollen analysis

Three samples obtained from the E-6 borehole from altitudes of -0.7 – -0.8, -1.5 – -1.7 and -1.7 – -2.0 m a.s.l. are characterised by the presence of abundant herbaeous vegetation (Text-fig. 7).

Pollen spectra of the E-6 borehole are characterised by the low frequency of AP pollen (arboreal pollen) with the most abundant Alnus (alder), Quercus (oak), Pinus (pine), Betula (birch), Carpinus betulus (hornbeam) and a high content of NAP (non-arboreal pollen). The AP frequency decreases in the uppermost part of the section, from ca. 80% to ca. 50%. The NAP is represented mostly by Gramineae (grasses), Cyperaceae (sedges), Artemisia (mugwort) and numerous types of herbaeous pollen. In the uppermost sample (-0.7 – -0.8 m a.s.l.) we find the highest content of pollen of the Urtica (nettle) and Scrophulariaceae family. This over-representation of pollen confirms partly the occurrence of numerous nettle seeds (apart from elder) in this sample.

In addition, the pollen of Secale (rye), other unidentified cereals and accompanying weeds such as Centaurea cyanus (cornflower) are noted, pointing to some form of agriculture. The frequency of cereals, although somewhat higher in the uppermost sample, does not prove its cultivation. Rich herbaeous vegetation is also emphasised by the appearance of Plantago lanceolata (plantain), Heracleum (hogweed), Rumex (sorrel) and other plants.

The pollen spectra are completed by some water plants and forms connected with the shore zones of water bodies and wetlands, such as Urtica (nettle), Solanum dulcamara (nightshade), Humulus lupulus (hop), Filipendula (dropwort), Sparganium (bur-reed), Pediastrum, Lemna (duckweed), Ceratophyllum (hornwort), Alismataceae, and Nymphaeoides peltata (Fig. 7).

Three samples subjected to pollen analysis were obtained from the E-8 borehole from depths of -0.5 – -0.7, -0.8 – -0.9 and -1.7 – -1.8 m a.s.l. (Text-fig. 8).

The bottommost sample from the altitude of -1.7 – -1.8 m a.s.l. was probably affected by dry conditions, which resulted in poor pollen preservation, especially corrosion of the exine and general destruction of organic matter. The pollen content is low. The relative AP frequency (Pinus, Alnus, Quercus, Salix) is slightly higher than in the samples from the upper part of the section. The NAP is dominated by Gramineae and Cyperaceae. Particularly interesting are two genera - Cyperus and Riccia, indicating the existence of the muddy lake shores, drying in the late summer. This lake was surrounded by a band of shore plants (single pollen of Sparganium and Filipendula). In turn, coenobia of Peediastrum show the lake with a rather low water level.
The low number of pollen types constituting the NAP is also noteworthy.

The two topmost samples are characterised by a minimal frequency of arboreal pollen. Non-arboreal pollen is dominated by Gramineae and cereals (rye, however, appears only occasionally). The pollen concentration is higher in the topmost sample from the altitude of -0.5 – -0.7 m a.s.l. Similarly, more numerous types of pollen of herbaceous plants are noted in this sample than in the one from the altitude of -0.8 – -0.9 m a.s.l. In the spectra there are quite numerous weeds with two pollen types of plantains, Polygonum aviculare (knot-grass), Heracleum, two types of cornflower and a number of other plants. Wetland plants are only represented by those scantly appearing in the shoreline communities or on the surrounding wetland areas – Filipendula, Humulus lupulus, Alismataceae and Oenanthe (Text-fig. 8).

The sample collected from the E-2 borehole from the altitude of -1.4 – -1.5 m a.s.l. has a very low pollen content, the pollen being highly corroded and often with degraded exine, with an addition of Tertiary pollen. The pollen grains present in the sample from the E-1 borehole at the depth of -1.7 – -1.8 m a.s.l. are well preserved, having been accumulated in a humid environment. The spectrum is dominated by the pollen of Alnus, Pinus silvestris, Betula, and Quercus, as well as by Gramineae, Cyperaceae and Pediastrum, Sparganium, Sagittaria, and Alisma.

DISCUSSION

Both the type of sediment and the structure of the mollusc assemblage at Elbląg point to freshwater environments. The mollusc composition as well as the numerous and constant occurrence of bivalve Pisidium henslowanum suggest that it was a lake with an overflow. At least two distinct phases of variable conditions and lake development are reflected in the faunal changes.

An older phase (the altitude interval of -2.6 – -3 m a.s.l.) is characterised by a high proportion of V. piscinalis and low abundance of B. tentaculata, which may document a deeper part of the lake with relatively poor aquatic vegetation. Valvata piscinalis is usually the most frequent at depths of 8–10 m, whereas B. tentaculata usually inhabits shallower zones – circa 0.7–1.8 m (Piechocki 1979; Alexandrowicz 1987, 1999a; Alexandrowicz and Alexandrowicz 2011). It is worth noting that non-synchronous occurrence of these species is quite common in lake deposits and often V. piscinalis covers the main phases of lake development and subsequently B. tentaculata appears (Alexandrowicz 1999a, b, 2002, 2007, 2009; Wojciechowski 2000; Alexandrowicz and Alexandrowicz 2010). A predominance of B. tentaculata shells over the opercula (very low values of BIN) points to the lack of dense reeds and bulrush and/or the overflow through the lake (Steenberg 1917; Sparks 1964; Gilbertson and Hawkins 1978; Alexandrowicz 1999a; Sanko et al. 2011). The latter is also supported by a significant number of Pisidium supinum and Borysthenia naticina in the assemblage (Table 1, Text-fig. 6).

The high number of opercula of the predominant B. tentaculata suggests intensive growth of reeds in the younger phase of the lake’s existence (altitude of -1.55 – -1.8 m a.s.l.). Abundant species of shallow, temporary water bodies, the plant-associated forms (e.g. Bithynia leachi, Valvata cristata, Acroloxus lacustris), and ostracods Limnocytherina sanctipatricii and Herpetocypris reptans indicate the low water level, a very rich vegetation and probably a limited extent of the lake, which may support the increase of its trophy. This may have influenced the disappearance of Pisidium lilljeborgii, which avoids eutrophic waters (Piechocki and Dyduch-Falniowska 1993) and the expansion of V. cristata, which prefers such habitats (Welter-Schultes 2012). The lake was still (at least temporarily) fed by running waters, as evidenced by abundant P. henslowanum, P. nitidum and other rheophile species (Table 1, Text-figs 5, 6).

None of the occurring species has stratigraphical significance. Most of them have wide climatic tolerance; however, the presence of thermophilous B. leachi, B. tentaculata, B. naticina, and P. moelasterianum suggests a temperate climate and conditions suitable for fauna development. Worth noting is the occurrence of Pisidium lilljeborgii, regarded as a post-glacial relict. There is no data about its presence in the Vistula delta, but it seems to be quite common in lakes of northern Poland, especially the Pomerania region, where it has recently been noted at over a dozen sites (Piechocki 1985, 1989; Piechocki and Dyduch-Falniowska 1993; Welter-Schultes 2012).

Based on both the malacological analysis and the type of the deposits, it can be concluded that during the sedimentation of layers 1 to 4 the study area was a lake which had evolved from a deeper body of water (1) through a shallowing flow-through pool (2 and 3) to a shallow overgrown lake with malacoфаuna characteristic of the coastal zone (4) (Text-fig. 3). A typical freshwater malacoфаuna association, the absence of species of brackish and sea water as well as the earlier reconstructions of the range of the Drużno Lake may indicate that the Elbląg site represents the waterside of this body of water.
The multi-disciplinary reconstructions of Holocene palaeoenvironmental and palaeohydrological changes based on other lakes of Poland, including malacological investigations (e.g. Wojciechowski 1999, 2000), indicate the phases of high water level ca. 9500–8500 BP, 7000–6500 BP, 6000–5500 BP, 2500–2000 BP and 1700–1200 BP. A water level drop recorded in malacological successions is correlated with the intervals of ca. 10000–9300 BP, 8000–7200 BP, 6400–6100 BP, 4800–4100 BP, 3500–2800 BP, and 2000–1800 BP and was continued with some fluctuations until the Mediaeval Warm Period (10th–13th century) (Wojciechowski 1999, 2000). The unequivocal correlation of molluscs from Elbląg with one of these events is practically impossible, but during previously conducted research on the ranges of the Drużno Lake and the Vistula Lagoon (Kasprzycka et al. 1996, 1997; Kasprzycka 1999) the period of a deep lake was dated approximately to the “Roman period” or ca. 2100 years BP. The progressive shallowing of the lake was related to the “Migration Period”, whereas its final overgrowing probably occurred in the Early Middle Ages (Kasprzycka et al. 1996, 1997; Kasprzycka 1999). The latter is also suggested by dendrochronological dating (Ważny 2012). In general, such chronology, including the accumulation of layers 1–4, appears to be in accordance with palaeohydrological changes reconstructed by Wojciechowski (1999, 2000) in central and western Poland.

The subsequent layers (from 5 to 7) were probably accumulated during the historical period. Their pollen spectra indicate the presence of abundant herbaceous vegetation. The low percentage of arboreal pollen (layer 5) indicates a rather treeless landscape locally with sparse clusters of alder, oak, birch, pine and hornbeam. Macromammals of *Sambucus nigra* and *Urtica* indicate the relatively wet and nitrogenic habitats. A number of plants associated with the open water, lakeshores or wet areas suggest a periodic flooding of the study site and gradual withdrawing of the lake.

Higher in the succession (layer 7), a cyclic drying in the near-shore zone of the lake is evidenced. The floristic composition is probably typical of a forest with an overabundance of grasses and sedges, although the presence of open areas cannot be ruled out. The low percentages of arboreal pollen point to the existence of intense deforestation and large open spaces, especially in a later phase of the accumulation of layer 7. Numerous cereals and weeds (two pollen types of plantains, knot-grass, two types of cornflower and others) indicate the existence of fields and pastures. The area was probably no longer plagued by flooding, although there were wet areas nearby, indicated by the *Oenanthe, Humulus* and *Alisma*. This fascine-bearing horizon appears to be a good foundation for a wooden fortress being built at that time. Cereal pollen indicates the intensification of agriculture in the region, but it is dif-
difficult to resolve whether this was early mediaeval or mediaeval activity.

The oak pollen content varying between 13.0 and 0.8 % in analysed samples may suggest that the intensification of human activities was followed by logging of oaks. The most spectacular example of that is the oak structure visible in the archaeological excavation in the courtyard of the Museum. The construction of the oak building might have been accompanied by digging a surrounding moat documented in the geological cross-section (Text-fig. 3, layer 9).

Abundant crushed bricks also occur in layers 11, 13 and 15, and only sands from layer 14 appear to represent the conditions of natural sedimentation. The ceramic finds of the 17th and 18th centuries in layers 11 and 13 may suggest that these sands were accumulated later, probably as a result of the catastrophic flood of 1888.

To sum up the geological, faunal and floristic investigations, it appears that the sediments which underlie the courtyard of the Museum of Archaeology and History in Elbląg document the evolution of this area from a relatively deep lake, through a shallowing water body, to a waterside zone allowing for the foundation of the oak building, and later of the brick castle.

According to the historical data (Kozłowska 2005) the establishment of the castle in Elbląg was one of the stages of the conquest of Prussia by the Teutonic Order, which in 1236 took over the area of the Drużno Lake. A fortified settlement was built where the Elbląg River flowed into the Vistula Lagoon and was then probably conquered by infidels and moved to its present location (Kozłowska 2005). Historical reports may also reflect some environmental conditions as, after Kozłowska (2005), it can be assumed that the river island, on which the first settlement was founded was not suitable for the construction of more permanent fortifications and did not provide natural defensive conditions. Thus in 1237 the settlement was moved to a new location on the eastern bank of the river, and in the 1280s wooden and earthen fortifications began to be replaced with stone and brick walls (Kozłowska 2005).

The above description is an accurate representation of changes in the environment resulting from geological and paleontological studies and it indicates changes in the water level of the Drużno Lake and of the Vistula Lagoon during the Middle Ages, which forced the relocation of the settlement. The analysis of the maps depicting changes in the ranges of both waterbodies 2200, 1100 and 1000 years ago (Kasprzycka et al. 1996, 1997; Kasprzycka 1999) shows that the dynamism of the range of the shoreline was significant. The maps (Text-fig. 9) constructed by historians and archaeologists are very divergent regarding the presentation of the range of the Drużno Lake and of the

**CONCLUSIONS**

The principal conclusions of the research in the courtyard of the Museum of Archaeology and History in Elbląg may be summarised as follows:

1. Geoarchaeological and palaeontological investigations at Elbląg site document lacustrine deposits, locally with abundant malaco fauna.
2. Mollusc-bearing deposits were accumulated in the Drużno Lake and appear to record the lake development between the “Roman Period” and the Early Middle Ages.
3. The mollusc assemblage records notable lake-level fluctuations and finally the shallowing of the lake and the development of wet meadows in the adjacent areas.
4. Enhanced human activity and a period of deforestation partly due to clearance for agriculture has been documented as an environmental background for the foundation of the oak building, and later of the brick castle in the Mediaeval Warm Period (10th–13th centuries). It appears that open areas, fields and pastures dominated the landscape of the study region at that time.
5. The results may imply the somewhat restricted range of the Drużno Lake with regard to the previous works.

**Acknowledgements**

This research was funded by a grant from Pope John Paul II State School of Higher Education in Biała Podlaska and the Museum of Archaeology and History in Elbląg. We also thank the Innovation Research Centre and Research Centre “Ekoto-Agro-Tech” of Pope John Paul II State School of Higher Education in Biała Podlaska.

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*Manuscript submitted: 8th December 2014
Revised version accepted: 10th December 2015*